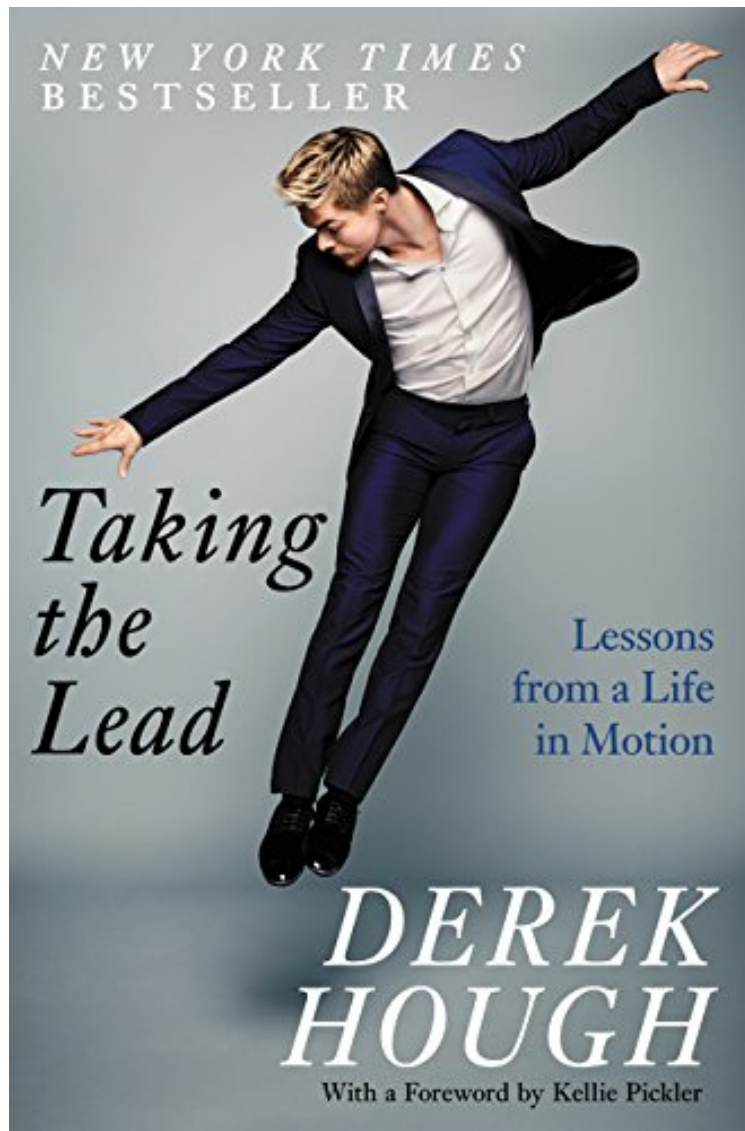


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Taking the Lead: Lessons from a Life in Motion

Derek Hough

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Derek Hough : Taking the Lead: Lessons from a Life in Motion before purchasing it in order to gage whether or not it would be worth my time, and all praised Taking the Lead: Lessons from a Life in Motion:

0 of 0 people found the following review helpful. I Could Have Danced All Night By Frank I have loved Derek for a long time on Dancing With the Stars. He is a wonderful teacher and choreographer and does his work with humility and joy. I enjoyed his references to his metaphysical approach to life and his mom's great adages. It's a great read and

if you're feeling down and need a pick up read this book. I'm always sad when he's not on the show but well understand why he keeps moving up in the dance communities.0 of 0 people found the following review helpful. Positive, Encouraging, MotivationalBy Kindle Customer NASDWTS fans who have enjoyed watching Derek Hough mature as a choreographer and dance instructor will love learning more about his background and escapades with Mark Ballas. Every chapter ends with life lessons he's learned from the experiences shared in the chapter. It's a quick read, and it inspired me to make some changes of my own.0 of 0 people found the following review helpful. Wonderfully EntertainingBy Sybil JI could not put this book down!!! It was as if Derek was in my living room talking to me! The honesty, love of dance, and the passion for life is wonderful. He encourages all of us to set goals, reach for the stars and never stop dancing!! A must read!

"Sometimes I've taken home the trophy, sometimes I've stumbled or tripped over my own feet. But every move I've made has shaped me into the person I am today."Season after season, millions of fans tune into Dancing with the Stars to watch Derek Hough, the talented, consummate competitor whose skill and commitment have made him the show's all-time champion. Whether he's dancing with an Olympic gold medalist, an internationally renowned recording star, or a celebrated actress, Derek has an undeniable talent for bringing out the best in his partners. He does more than just tutor them in the fox-trot and paso doblehe teaches them how to see beyond their limits and realize their true potential.Now, for the first time ever, Derek opens up about his transformation from bullied little boy to accomplished performer and coach who lets nothingand no onestand in his way. In Taking the Lead he details how his experiences have taught him to embrace a positive outlook, channel his creativity and drive, and face his fears head-on.From his early training in London beginning at the age of twelve, to grueling dance competitions around the world, to never-before-told stories from behind the scenes of Dancing with the Stars, Derek writes with honesty and insight about his extraordinary journey. And in sharing his own story, he shows all of us how we can take charge of pursuing our goals, overcome obstacles, and become winnersnot just on the dance floor but in life.

From the Back CoverSometimes I've taken home the trophy, sometimes I've stumbled or tripped over my own feet. But every move I've made has shaped me into the person I am today.Season after season, millions of fans tune into Dancing with the Stars to watch Derek Hough, the talented, consummate competitor whose skill and commitment have made him the show's all-time champion. Whether he's dancing with an Olympic gold medalist, an internationally renowned recording star, or a celebrated actress, Derek has an undeniable talent for bringing out the best in his partners. He does more than just tutor them in the fox-trot and paso doblehe teaches them how to see beyond their limits and realize their true potential.Now, for the first time ever, Derek opens up about his transformation from bullied little boy to accomplished performer and coach who lets nothingand no onestand in his way. In Taking the Lead he details how his experiences have taught him to embrace a positive outlook, channel his creativity and drive, and face his fears head-on.From his early training in London beginning at the age of twelve, to grueling dance competitions around the world, to never-before-told stories from behind the scenes of Dancing with the Stars, Derek writes with honesty and insight about his extraordinary journey. And in sharing his own story, he shows all of us how we can take charge of pursuing our goals, overcome obstacles, and become winnersnot just on the dance floor but in life.About the AuthorEmmy Award-winning and New York Times bestselling author Derek Hough is the only five-time champion in the franchise history of the ABC show Dancing with the Stars. At eleven years old, Hough started dancing in his hometown of Salt Lake City and one year later moved to London to attend a performing arts school where he studied theatre, music, and dance. He has been nominated six times for an Emmy Award, has acted in film, and has performed in London's West End and on Broadway. He also has headlined at Radio City Music Hall and has teamed up with his sister, Julianne, for a live stage dance concert called Move Live On Tour.