

(Library ebook) Introduction to Modern Dance Techniques

Introduction to Modern Dance Techniques

Joshua Legg

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Joshua Legg : Introduction to Modern Dance Techniques before purchasing it in order to gage whether or not it would be worth my time, and all praised Introduction to Modern Dance Techniques:

6 of 6 people found the following review helpful. Fills in the gaps!By E.D.JayThink of this as a textbook clarifying all those names and techniques that dance teachers may have referenced while you were trying to concentrate on alignment or form (or just not falling over) during dance class through the years.I minored in dance in college but focused mainly on ballet. This book has helped to round out my modern education.If you're looking for a broad overview of the last century in concert dance, this may be a great resource for you as well. Legg covers the evolution of modern dance from Denishawn and Isadora Duncan to Paul Taylor and "Postmodernism." Familiarity of dance in general will probably be a big help!4 of 4 people found the following review helpful. Excellent resource for Modern DanceBy Tabatha Robinson-ScottThis is a well written modern dance history resource. It takes you through the history as well as the techniques of modern dance. It is a thorough resource for a modern technique class or a modern

dance history course. 1 of 1 people found the following review helpful. Great blend
By Peter J Cook
This text has a great blend of the practical, the technical and the theoretical. Rarely do you see these aspects so well blended.

Bringing together all of the major modern dance techniques from the last 80 years, this engaging account is the first of its kind. The informative discussion starts by mapping the historical development of modern dance: in the late 19th century, a new dance emerged not yet known as modern dance that rejected social strictures and ballet as well. With insight into the personalities and purposes of modern dances vanguard including Martha Graham, Lester Horton, Jose Limon, and Merce Cunningham this compilation provides a comparative approach that will enable students to discern which technique best suits them and dispel the idea that there is a single, universal modern dance technique. There are also ideas for experimentation so that students can begin developing an aesthetic sense for not only what is pleasing to their artistic eye, but also for what technical ideas are exciting while their own body is in motion. Sample lessons are included for teachers to incorporate the text into courses.

"Well researched. Useful for students in understanding roots/influences of contemporary dance." Nada Diachenko, co-director of the department of theatre and dance, University of Colorado Boulder