

(Free) How Does That Make You Feel?: True Confessions from Both Sides of the Therapy Couch

How Does That Make You Feel?: True Confessions from Both Sides of the Therapy Couch

Sherry Amatenstein

audiobook / *ebooks / Download PDF / ePub / DOC



How Does That Make You Feel?

TRUE CONFESSIONS FROM BOTH
SIDES OF THE THERAPY COUCH

EDITED BY Sherry Amatenstein

[Download](#)

[Read Online](#)

#783044 in Books 2016-09-13 2016-09-13Original language:EnglishPDF # 1 8.25 x .75 x 5.50l, .0 #File Name: 1580056245320 pages | File size: 72.Mb

Sherry Amatenstein : How Does That Make You Feel?: True Confessions from Both Sides of the Therapy Couch before purchasing it in order to gage whether or not it would be worth my time, and all praised How Does That Make You Feel?: True Confessions from Both Sides of the Therapy Couch:

0 of 0 people found the following review helpful. A Compelling Read!By P. WalkerRarely am I able to read all of the selections in a collection of essays. This is not the case with Sherry Amatenstein's How Does That Make You Feel, an

anthology by patients and therapists. Each entry is self-contained, yet there is a forward thrust from one essay to the next that kept me reading one after another. The writing is of the highest quality, honest, and utterly revealing, perhaps most so from the therapists who expose secrets of their own. The essays offer variety from the humorous to the deadly serious, from innocence to pathology. Above all, you will love the writing and you will feel respect for editor/writer Amatenstein. 0 of 0 people found the following review helpful. Next Life: Bipolar Again By Harry Have been tied up with other good things happening, so have only read a little over half of the book....I find it VERY interesting and open...Over the 85 years of being Bipolar, and living a very wonderful life (including deep pain), Therapy and prescribed medication have been essential. I had various Psychiatrists and eventually a Psychologist in The San Francisco Bay Area who was my anchor for 20 years.. I grew because of it, and so did she....I should finish the book next week, and would be happy to give a more detailed review then...Thank You 1 of 1 people found the following review helpful. I found Dennis Palumbo's journey from joke writer to screen ...By Rebecca Denova, Ph. D. I found Dennis Palumbo's journey from joke writer to screen writer to therapist riveting, quirky and emotionally powerful. I appreciate his courage in sharing such personal reflections.

How Does That Make You Feel? obliterates the boundaries between the shrink and the one being shrunk with unabashedly candid writers breaking confidentiality and telling all about their experiences in therapy. This revelatory, no-punches-pulled book brings to light both sides of the relationship between therapist and client a bond that can feel pure and profound, even if it is, at times, illusory. Contributors include an array of essayists, authors, TV/film writers and therapists, including Patti Davis, Beverly Donofrio, Royal Young, Molly Peacock, Susan Shapiro, Charlie Rubin, Estelle Erasmus, and Dennis Palumbo. Full list of contributors: Sherry Amatenstein Laura Bogart Margaret Crawford Patti Davis Megan Devine Beverly Donofrio Janice Eidus Estelle Erasmus Juli Fraga Nina Gaby Mindy Greenstein Jenine Holmes Diane Josefowicz Jean Kim Amy Klein Binnie Klein Anna March Allison McCarthy Kurt Nemes Dennis Palumbo Molly Peacock Pamela Rafalow Grossman Charlie Rubin Jonathan Schiff Barbara Schoichet Adam Sexton Susan Shapiro Beth Sloan Elisabeth Turner Kate Walter Priscilla Warner Linda Yellin Royal Young Jessica Zucker

"Funny, smart, frustrating, heartbreaking, but above all honest true tales of that most private of relationships between therapist and client. Told from both sides of the couch, but always from the heart." Judith Sills, author of *The Comfort Trap* "This book is as engrossing and illuminating as a volume of good short stories. It explores the hidden, fascinating nooks, crannies, and complications of the complex relationship between therapist and patient, a subject that turns out to be endlessly fascinating. One feels the presence of Amatenstein's humane, sensitive, and experienced hand in a collection that is wide-ranging and comprehensive in its range of issues. Many talented writers on view. Many thought-provoking moments. You don't have to have been on the couch to enjoy this book. All that is necessary is an interest in people and the struggles of modern life. George Hodgman, bestselling author of *Bettyville* "These searingly honest essays brilliantly capture the uniquely complicated relationships that therapists and patients share in the course of trying to navigate our lives. If you've ever revealed your most private hopes, dreams, fears, and longings with a stranger in a high-backed chair or been that stranger in a high-backed chair you'll be so engrossed by these stories that you may end up skipping your session. Lori Gottlieb, bestselling author of *Marry Him* "With rapier wit and a big dose of humanity, Sherry Amatenstein and the amazing writers she has assembled ask us to look at ourselves. And I think well be better for it. Jenny Lumet, actress and award-winning screenwriter of *Rachel Getting Married* "How Does That Make You Feel is an eye-opening look at therapy. With essays ranging from the profoundly emotional to the downright hilarious, we can all learn something about a relationship so many of us hold dear, that between a therapist and their patient. Invaluable insight that will undoubtedly foster better understanding all around." Mara Schiavocampo As a person who's been through therapy and both loved, and hated, and then loved and hated it again this book speaks to the experience on the couch unlike anything I've ever read, and reading it has given me not only a better understanding of the therapeutic process, but also a better understanding of myself. Kevin McEnroe, author of *Our Town*