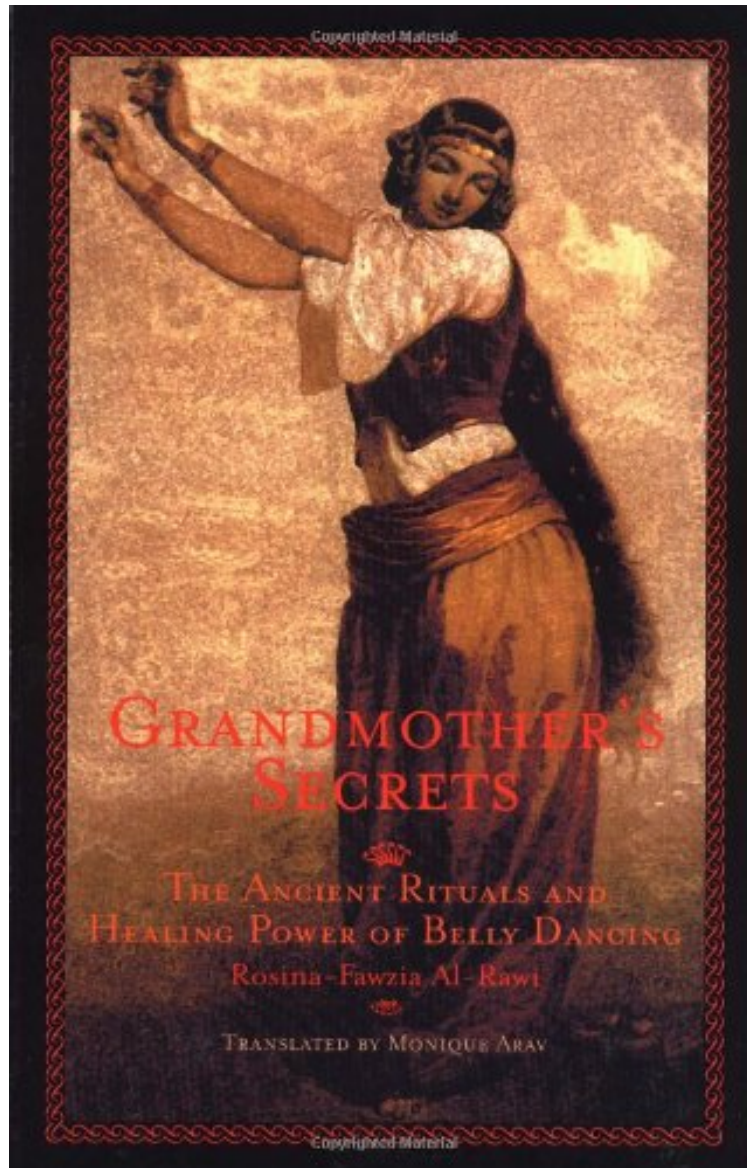


[Library ebook] Grandmother's Secrets: The Ancient Rituals and Healing Power of Belly Dancing

Grandmother's Secrets: The Ancient Rituals and Healing Power of Belly Dancing

Rosina-Fawzia Al-Rawi

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Rosina-Fawzia Al-Rawi : Grandmother's Secrets: The Ancient Rituals and Healing Power of Belly Dancing
before purchasing it in order to gage whether or not it would be worth my time, and all praised Grandmother's Secrets:
The Ancient Rituals and Healing Power of Belly Dancing:

Al-Rawi has written a strikingly graceful and original book that blends p personal memoir with the history and theory of the dance known in the West as belly dancing. She conveys in this book not only the history and technique of grieving and mourning dances, pregnancy and birth dances, but the spirit of these age-old rituals, and their possibilities for healing and empowering women today.