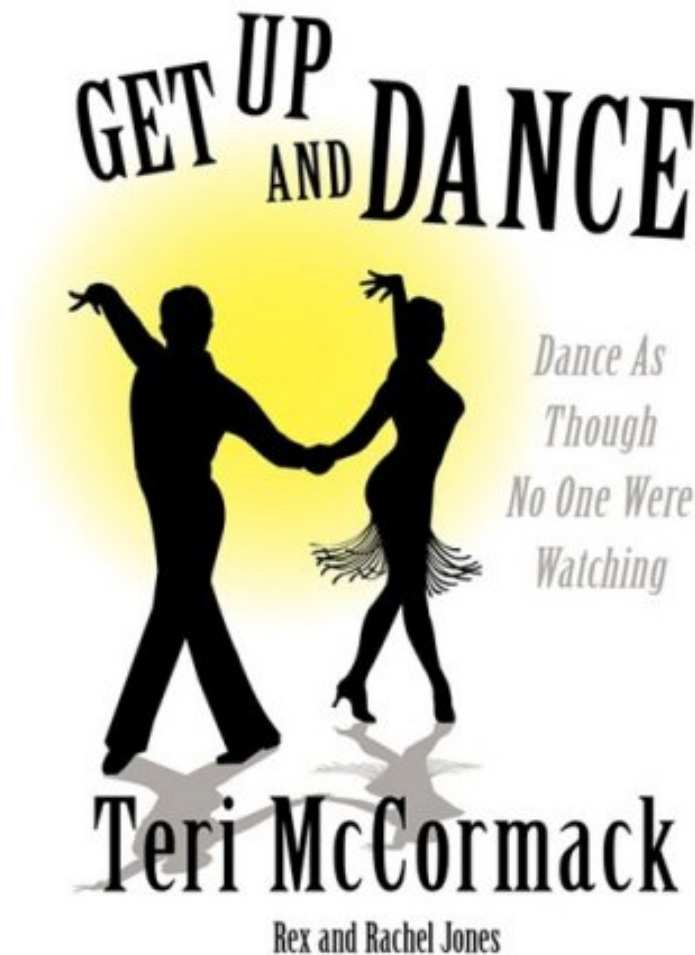


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Get Up and Dance

Teri McCormack

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Get up and Dance is an introductory look at the various styles and fascinating aspects of dance. Teri McCormack, a

competitive Country Western dancer, features professional dancers, instructors, and world championship title-holders to help you learn the finer aspects of dance, including Country Western! Easy-to-follow photographs and simple step-by-step instructions make this a fun and exciting way to learn how to Get Up and Dance! Author Bio: Teri McCormack grew up in Shreveport, Louisiana. Having been in the medical field for 25 years, Teri is also a graduate of the New York Institute of Photography and a professional studio photographer. She shares her passion for dance through her photographic works presented in this book. She currently lives in Biloxi, Mississippi where she competes regularly in Country Western dance competitions.