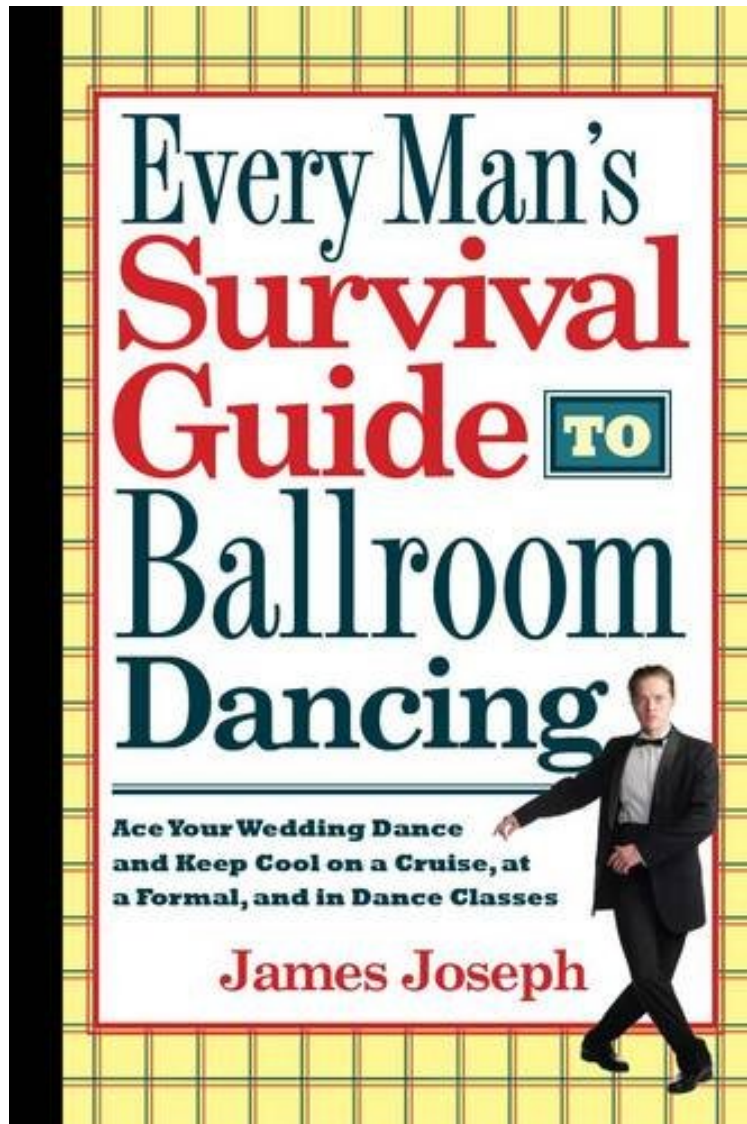


[Download] Every Man's Survival Guide to Ballroom Dancing: Ace Your Wedding Dance and Keep Cool on a Cruise, at a Formal, and in Dance Classes

## Every Man's Survival Guide to Ballroom Dancing: Ace Your Wedding Dance and Keep Cool on a Cruise, at a Formal, and in Dance Classes

*James Joseph*

*DOC | \*audiobook | ebooks | Download PDF | ePub*



[Download](#)

[Read Online](#)

#969701 in Books BlueChip Publishers 2010-01-11Original language:EnglishPDF # 1 9.02 x .32 x 5.981, .46  
#File Name: 093025144X150 pages | File size: 17.Mb

**James Joseph : Every Man's Survival Guide to Ballroom Dancing: Ace Your Wedding Dance and Keep Cool on a Cruise, at a Formal, and in Dance Classes** before purchasing it in order to gage whether or not it would be worth my time, and all praised Every Man's Survival Guide to Ballroom Dancing: Ace Your Wedding Dance and Keep Cool

on a Cruise, at a Formal, and in Dance Classes:

0 of 0 people found the following review helpful. Can't recommend it enough  
By MichaelI started dancing a few months ago and this book has been a tremendous help I'd give it fifty stars for anyone who wants to learn to dance. In my beginners class, I am one of the top dancers, if not the top dancer , and this book is the main reason. Can't recommend it enough.  
0 of 0 people found the following review helpful. Survival manual indeed  
By garrettarOI had a weird introduction to the world of Ballroom dancing. Being raised white and Southern Baptist, rhythm was my natural predator. At 24 years old, I walked into a Fred Astaire dance studio for an introductory lesson and walked out with a job as an instructor. True story. The following year was chocked full of "survival" dancing. Now, I'm on my own as a private coach and this book is a "10/10 Must Have" for surviving on the dance floor - any dance floor. The exercises are phenomenal for laying a firm and powerful foundation for anyone, amateur or professional. Be bold, gentleman.  
10 of 10 people found the following review helpful. Every Man's Survival Guide to Ballroom Dancing  
By JBA great book for any man (or woman) who has experienced reluctance to go out on the dance floor. Not only does it provide the beginning dancer with answers to questions they didn't know they needed to ask, but it gives much needed encouragement and support. The author, tho now an experienced dancer, clearly remembers the beginnings of his dance career, and writes with empathy and understanding for those going through this stage. He provides an excellent analysis of music and movement along with practice exercises  
Though a person can't learn to dance from a book, this provides an adjunct to classes where a person can learn in the privacy of his/her home, avoid the self consciousness that makes us loose our concentration, and learn to gain confidence as a dancer.  
In addition, the book is enjoyable to read. It is written with humor, warmth and a nonjudgmental relaxed attitude - all the qualities we need when we dance.

Learn the basic principles common to all music, rhythm and dance, enabling you to walk onto any dance floor and perform an admirable dance, with any partner, to any music, with confidence and grace.  
This book is for non-dancers, newbies and beginners. Part guerrilla manual and part cotillion handbook, this book is an insider's guide to social dancing:

About the Author  
James Josephused to hate to dance. Learning to dance was a struggle. So he simplified the process, which he explains in this book. He took his first beginners' class in 1984. Since1996 he has trained under Skippy Blair, a Swing Dance Hall of Fame member, and who is considered by many the teacher of teachers. He's now a GSDTA certified dance instructor.